

Celtic Athletic Club Results and Reports League 3 and Novice.

Great runs last Sunday from our old reliables, Liam Burke, Alison Burke, Alison Armstrong, Pierre, Tomas, the under 13 boys, Cliona, Ellen, Maia and Aoife. Good too to see the improvement and confidence coming through in the runs by Oliver, Hannah, Dora, Emily, Keelan, Alex, Ruby. The only way to learn to control nerves and not to hide from a challenge is to face the challenge and it was nice to see so many of our little ones learning that lesson on Sunday. Well done!

Anyone who got the loan of a club singlet on Sunday don't forget to bring it back to Mary. You need to buy one for €15 if you have been around for a while. One singlet should do 2 children in a family if they are in different age-groups.

At 1.30 on Sunday our little band of Novice women set off on the 3k route. Aislinn Moorhouse came 7th, Sinead Cronin was 10th and backed up by Anne Foran and Niamh Doyle they finished in 3rd team place. Niamh Donnelly and Fiona Byrne were non scoring members of the team. All the girls enjoyed the race which for most of them came after a long break from racing. Particular well done to Fiona who puts us all to shame with her fitness level and to the two Niamhs who are only back in training a short time.

Next Saturday our gang of Heather, Olwyn, Siobhan, Sinead, Clare and Catherine head for Emo Court in Laois to race in a junior cross country and everyone else is expected at training at 11am on Sunday to get ready for the next league in the Park in 2 weeks. Enjoy!

Club Website link: <http://members.upc.ie/bmcmanus/Celtic/DCH/>