

Dublin County Board Cross Country Fixtures List 2011

<u>Date</u>	<u>Competition</u>	<u>Venue/Time</u>
Sunday 18th September	Juvenile League U9 - U19	Newbridge House (Donabate) 11am
Sunday 25th September	Juvenile League 2	Phoenix Park, 11am.
Sunday 2nd October	Juvenile League 3 & Novice C/ships	Phoenix Park 11am
	Novice Ladies	1pm
	Novice Men	1.30pm
Sunday 23rd October	Juvenile League 4	Phoenix Park 11am.
	U18 Cross Country Championships	
	Girls	1.30pm
	Boys	1.45pm
	Gerry Farnham/Masters Trials	
	Ladies	2.15pm
	Men	3pm
<u>Sunday 6th November</u>		
Juvenile Even Age Championships		Santry 11am
	Junior Championships	Ladies 1.15pm Men 1.45m
	Senior Championships	Ladies 2.15pm Men 3pm.
Sunday 13th November	Uneven Age U9 - U19 Championships	Marlay Pk 11am
Sunday 20th November	Dublin Intermediate Championships	Tymon Park 1pm
Sunday 27th November	AAI Inter County & Juvenile Even Age Championships	Sligo
Sunday 11th December	AAI Novice & Juvenile Uneven Age Championships	TBC
Sunday 15th January	Dublin Masters Championships	St Annes Park, Raheny

Dublin County Board

Juvenile Cross Country League & Championship Distances 2011

League 1		League2	League3	League4	C/Ships
Girls U9	400m	500m	600m	700m	800m
Boys U9	400m	500m	600m	700m	800m
Girls U10	600m	700m	800m	900m	1000m
Boys U10	600m	700m	800m	900m	1000m
Girls U11	800m	900m	1000m	1200m	1500m
Boys U11	800m	900m	1000m	1200m	1500m
Girls U12	1000m	1200m	1500m	1800m	2000m
Boys U12	1000m	1200m	1500m	1800m	2000m
Girls U13	1000m	1300m	1700m	2200m	2500m
Boys U13	1000m	1300m	1700m	2200m	2500m (previous 1200m)
Girls U14	1200m	1500m	2000m	2500m	3000m
Boys U14	1200m	1500m	2000m	2500m	3000m
Girls U15	1500m	2000m	2500m	3000m	3500m
Boys U15	1500m	2000m	2500m	3000m	3500m
Girls U16	2000m	2500m	3000m	3500m	4000m
Boys U16	2000m	2500m	3000m	3500m	4000m
Girls U17	2500m	3000m	3500m	4000m	4500m
Boys U17	2500m	3000m	3500m	4000m	4500m
Girls U18	2500m	3000m	3500m	4000m	4500m
Boys U18	3000m	3500m	4000m	4500m	5000m
Girls U19	3000m	3500m	4000m	4500m	5000m
Boys U19	5000m	5500m	6000m	6500m	7000m

Although there is no National Championships for U9's or 10's, athletes are permitted to step up in age, as with all ages.

Figures highlighted show the original Championship distances before the change at congress and the new distance for each age group.