

**Outdoor Track & Field Competition  
Booklet 2020 Rev\_0**



**Athletics  
Leinster**

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# Track & Field Policies

Athletics Leinster wishes to advise clubs of the following 2019 Track & Field Policies. It is the intention of Athletics Leinster to **strictly** enforce all policies for the 2019 season.

The IAAF Rule Book 2018 - 2019 applies unless otherwise stated. In the event of any conflict between the rules of the IAAF and the rules set out herein, the following rules have precedence.

# 1 Policy Statement for the Athletic Association of Ireland

## 1.1 Code of Ethics

### 1.1.1 Extract from the Policy Statement from the Code of Ethics and acts as a guide for all rules.

*The Athletic Association of Ireland is fully committed to safeguarding the well-being of all of its members. Every individual in Athletics Ireland should at all times show respect and understanding for members rights, safety and welfare and conduct themselves in a manner that reflects the principles of the organisation and the guidelines contained in the Code of Ethics and Good Practice for Children's Sport.*

*In Athletics Ireland our first priority is the welfare of the young people and we are committed to providing an environment which will allow participants to perform to the best of their ability, free from bullying and intimidation.*

### 1.1.2 The Code of ethics has been distributed to all clubs and is readily available from Athletics Ireland under the following link:

[https://www.athleticsireland.ie/downloads/other/code-of-ethics-for-children\\_soft.pdf](https://www.athleticsireland.ie/downloads/other/code-of-ethics-for-children_soft.pdf)

## 2 Code of Conduct

Athletics Leinster will not tolerate any breach of rules set out in the following Codes of Conduct. Any technical official, athlete, or parent/spectator whose behaviour is inconsistent with these codes during any Athletic Leinster events will be dealt with appropriately.

### 2.1 Technical Officials Code of Conduct

2.1.1 Technical Officials are expected to adhere to the following Code. Details are at the following link:

<https://www.athleticsireland.ie/index.php/competition/officials/code-of-conduct/>

### 2.2 Athlete Code of Conduct

2.2.1 Athletes are expected to adhere to the following Code. Details are at the following link:

<https://www.athleticsireland.ie/juvenile/child-welfare/athletes/>

### 2.3 Parent/Spectator Code of Conduct

2.3.1 Athletes Parents/Spectators are expected to adhere to the following Code. Details are at the following link:

<https://www.athleticsireland.ie/index.php/juvenile/child-welfare/adults-carers/>

## **3 Photographic Images**

### 3.1 Image Guidelines

- 3.1.1 The use of the word 'image' refers to all photographic and film/video footage.
- 3.1.2 Persons wishing to use photographic devices at events must first register with the organiser prior to the event.
- 3.1.3 For registration, each person may be required to produce acceptable photographic identification as proof of identity.
- 3.1.4 Athletics Leinster works under the umbrella of the Athletics Ireland's Filming and Photography Guidelines, please use link to make yourself familiar with all aspects of guide. [AAI Filming and Photography Guideline](#)

## 4 Registration

### 4.1 Online Entry System

4.1.1 All Athletics Leinster Outdoor Competitions will operate on an online registration system only.

4.1.2 Click on the link to take you to registration.

4.1.3 Use the following URL if you do not have access at this time:

<https://entry.athleticsireland.ie/>

4.1.4 Athletics Leinster Online Registration will apply a late entry fee.

4.1.5 Pay on the day for events will not be accepted unless stated under the rules for said event.

4.1.6 The fees stated below do not include transaction charges for the system. 50% will be pass onto the end user for standard fees while late fees will be subject to 100% of the transaction charge.

### 4.2 Standard Entry Fees

4.2.1 Athletes U17 to U19 €5 per event entered.

4.2.2 Junior Athlete €6 per event entered.

4.2.3 U23, Senior and Master Athletes €10 per event entered.

4.2.4 Relay €12 per team entered.

### 4.3 Late Entry Fees

4.3.1 Athletes U17 to U19 €10 per event entered.

4.3.2 Junior Athlete €12 per event entered

4.3.3 U23, Senior and Master Athletes €20 per event entered.

4.3.4 Relay €15 per team entered.

## 5 General Guidelines

### 5.1 Officials

- 5.1.1 It is the responsibility of all clubs, without exception, to provide officials for competitions in which their athletes are competing.
- 5.1.2 Failure of a club to provide officials will result in a club's athletes not being permitted to compete.
- 5.1.3 Officials must sign in at the check-in desk on the day of competition, and must be available to officiate for the duration of the competition.
- 5.1.4 It is the intention of Athletics Leinster to wholly prohibit participation of offending clubs in competition.
- 5.1.5 Only club officials can request amendments to their team.
- 5.1.6 Coach/Team Managers are responsible for all their athletes, no exceptions.

### 5.2 Athletic Proficiency

- 5.2.1 Athletic proficiency for participation is not optional.
- 5.2.2 In the interest of safety for all present, it is the responsibility of **ALL** coaches to ensure athletes exhibit proficiency in all events on the day of competition.
- 5.2.3 In the event of an athlete failing to exhibit the required or expected level of proficiency in a discipline, a coach or parent will be contacted and the athlete sympathetically requested to withdraw from the event.

### 5.3 In-Field Coaching

- 5.3.1 Coaches and parents are strictly not allowed on the track or infield at any time.
- 5.3.2 In-field is for officials & competing athletes.
- 5.3.3 Those found to be in violation of this rule risk disqualification of their athletes.

### 5.4 Valid Competition

- 5.4.1 Pertaining to the master competitions, an event which has less than three (3) competitors will not be held.
- 5.4.2 An event must have a minimum of three competitors to constitute a valid competition as there is no competition without competitors.
- 5.4.3 This applies to all Masters Categories.

## 5.5 Competition Timetable

- 5.5.1 The order of events is only a guide and is subject to change on the day to ensure the smooth running of each event programme.
- 5.5.2 Alterations to the Timetable will be published on the Athletics Leinster website and our Facebook page.
- 5.5.3 Athletics Leinster reserves the right to alter the timetables at any time without notice.

## 5.6 Event Attire

- 5.6.1 Club singlet must be worn. If no singlet is available – a plain white tee-shirt is permitted. No other form of dress (e.g. football shirts) is allowed.
- 5.6.2 Following on from AAI correspondence national apparel is to be worn only when representing Ireland at International Competition.
- 5.6.3 Athletes who compete at any Leinster Athletic events wearing national apparel risk disqualification.
- 5.6.4 5mm spikes only will be allowed on track. Spot checks will take place.
- 5.6.5 Athletes are not permitted to carry or use electronic recording or transmission equipment during competition.
- 5.6.6 Competition starts once an athlete has reported to the call room or checked-in at their field event.

## 5.7 Results Processing Rooms

- 5.7.1 Access to the results processing room is restricted to officials only.
- 5.7.2 Coaches, athletes, and parents/spectators are not allowed in the results room at any time.
- 5.7.3 The results room is strictly reserved for processing officials or representatives of Athletics Leinster.
- 5.7.4 Those found to be in violation of this rule risk disqualification of their athletes.

## 6 Entry & Competition Rules

### 6.1 Check-In

- 6.1.1 Only Club officials are permitted to collect athlete BIB numbers.
- 6.1.2 Collecting of Number **DOES NOT** mean you are checked in.
- 6.1.3 Check-in and number collection opening times vary for each event, please refer to event timetables for clarification.
- 6.1.4 An announcement will be made by the PA system for all events. Please listen carefully as Athletics Leinster is not responsible for athletes missing their event.
- 6.1.5 Numbers must be collected prior to competition start time. A contact name and number will be taken to allow your club members access to get in touch.
- 6.1.6 There is no limit on the number of athletes a club can enter per individual event.

### 6.2 Failure to Compete

- 6.2.1 If a final confirmation is given that the athlete will start in an event, but then fails to participate, the athlete shall be excluded from participation in all further events during the competition.
- 6.2.2 If an athlete qualifies in a preliminary round of an event for further participation in that event but then fails to participate further, the athlete shall be excluded from participation in all further events during the competition.
- 6.2.3 If an athlete fails to compete honestly with bona fide effort, the relevant Referee will decide on this and the athlete may be excluded from participation in all further events during the competition.

## 7 Age Categories

### 7.1 General

- 7.1.1 All age categories are calculated as at the 31st December in the year of competition, **excluding all master categories.**
- 7.1.2 All ages in this booklet should be read as under the stated age, **excluding all master categories.**
- 7.1.3 No athlete may obtain a birthday in the year of competition and compete in that age category, **excluding all Master categories.**
- 7.1.4 All athletes (excluding U23 and master age categories) are **strictly** confined to their own age groups during competition. A fine of €75 will be levied where this rule is broken.
- 7.1.5 Master athletes are strictly confined to their initial chosen age group during competition. If a master opts to compete as a senior for any of their chosen events, they must remain as a senior for all other events.
- 7.1.6 All athletes must be at least eight (8) years of age in the year of competition unless otherwise stated.
- 7.1.7 Athlete Age Categories:

| Age Category    | Born        |
|-----------------|-------------|
| U17 Athletes    | 2004        |
| U18 Athletes    | 2003        |
| U19 Athletes    | 2002        |
| Junior Athletes | 2001 – 2004 |
| U23 Athletes    | 1998 – 2000 |
| Senior Athletes | Pre 2005    |

## 7.2 Masters Athletes

- 7.2.1 An athlete is eligible to compete as a master on or after the date of their 35<sup>th</sup> birthday.
- 7.2.2 Masters age categories are defined by the athlete's age on the day of competition.
- 7.2.3 Masters age categories are compiled over a 5-year period.
- 7.2.4 Masters age category rankings start from lowest being O35, increasing a level with each increase in age category.
- 7.2.5 Master athletes can compete in an age category which is lower than their age category ranking (e.g. M2 can compete as an M1).
- 7.2.6 Masters athletes cannot compete in an age category which is higher than their age category ranking (e.g. M1 cannot compete as an M2).
- 7.2.7 Masters Athletes must declare their chosen age category prior to competing in their first event.
- 7.2.8 Masters athletes must compete in the same age category for their chosen events throughout the competition.
- 7.2.9 Masters athletes who compete in more than one age category during a competition will be disqualified from all events outside of the initial age category competed in.
- 7.2.10 Master Age Categories

| Age Category | Minimum Age on Day of Competition | Women | Men |
|--------------|-----------------------------------|-------|-----|
| Master O35   | 35                                | W1    | M1  |
| Master O40   | 40                                | W2    | M2  |
| Master O45   | 45                                | W3    | M3  |
| Master O50   | 50                                | W4    | M4  |
| Master O55   | 55                                | W5    | M5  |
| Master O60   | 60                                | W6    | M6  |
| Master O65   | 65                                | W7    | M7  |
| Master O70   | 70                                | W8    | M8  |
| Master O75   | 75                                | W9    | M9  |
| Master O80   | 80                                | W10   | M10 |
| Master O85   | 85                                | W11   | M11 |
| Master O90   | 90                                | W12   | M12 |
| Master O95   | 95                                | W13   | M13 |

## 7.3 U23 Athletes

- 7.3.1 Athletics Leinster will only host the 100m sprint competition.
- 7.3.2 U23 athletes can compete as a senior for remaining events listed but cannot exceed the 5-event limit between both categories.

## 8 Field Event Guidelines

### 8.1 General Guideline

- 8.1.1 Field event check-in takes place at the location where the event takes place.
- 8.1.2 **Athletes using their own throwing implements must declare and get them signed off at weigh-in prior to competing in their event. Failure to do so risks disqualification.**
- 8.1.3 All field event athletes must be technically proficient and competent in the event in the interest of their and others safety.
- 8.1.4 **No athletes can receive in-field coaching throughout the duration of the competition once started. Athletes found to be in breach of this rule risk disqualification.**
- 8.1.5 Athletes will be called 15 minutes prior to start time. All athletes must check-in during this time to ensure they can compete.
- 8.1.6 An announcement will be made by the PA system for all field events, please listen carefully as Athletics Leinster are not responsible for athletes missing their event.
- 8.1.7 **Athletes called to their field event whilst competing in another event can get a representative to check-in for them.**
- 8.1.8 Once an event is complete and results signed off, the competition is closed.
- 8.1.9 **No field event can be reopened once it has been closed.**
- 8.1.10 Coach/Team Managers are responsible for all their athletes, no exceptions.
- 8.1.11 **Warm up trials may be permitted prior to each event.**
- 8.1.12 **Warm-up trials are at the event officials' discretion.**

### 8.2 Jump and Throw Guidelines

- 8.2.1 An athlete may request, upon completion of their trials in field events, to leave the competition area if required for medal presentation.
- 8.2.2 There will be three (3) trials allowed in all field events, with a further three trials for the top eight competitors unless otherwise stated in an event programme.
- 8.2.3 In master's competition, an athlete has four (4) trials only.
- 8.2.4 Athletes checked-in to a field event with more than eight (8) competitors in an age category may enter the event at any point up to the end of the third (3) trial.
- 8.2.5 Athletes checked-in to a field event with eight (8) competitors or fewer in an age category, can enter the event at any point up until the event closes.

### 8.3 Jump Guidelines

- 8.3.1 Athletes who compete in the High Jump and Pole Vault may continue to compete in competition until they have accumulated 3 consecutive fouls.
- 8.3.2 Any legal High Jump method may be used.
- 8.3.3 **Run up marks for High Jump events must be of easily removable tape. Use of any other type of marking system risks disqualification.**

8.3.4 All jump marks used by athletes must be removed once their competition is complete.

## 8.4 Throw Guidelines

8.4.1 In U23 and Senior Men's shot put, discus and hammer events, athletes must be 18 years or over to compete.

## 8.5 Throwing Implements

### 8.5.1 Male Athletes

| Age                 | Shot Put | Discus | Turbo Javelin | Javelin | Hammer | Weight For distance |
|---------------------|----------|--------|---------------|---------|--------|---------------------|
| U17 Boys            | 5k       | 1.5k   |               | 700gr   | 5k     |                     |
| U18 Boys            | 5k       | 1.5k   |               | 700gr   | 5k     |                     |
| U19 Boys            | 6k       | 1.75k  |               | 800gr   | 6k     |                     |
| Junior Men          | 6k       | 1.75k  |               | 800gr   | 6k     | 35k                 |
| U23 Men             | 7.26k    | 2k     |               | 800gr   | 7.26k  | 35k                 |
| Senior Men          | 7.26k    | 2k     |               | 800gr   | 7.26k  | 56k                 |
| Master Men O35 -O45 | 7.26k    | 2k     |               | 800gr   | 7.26k  | 56k                 |
| Master Men O50 -O55 | 6k       | 1.5k   |               | 700gr   | 6k     | 35k                 |
| Master Men O60 -O65 | 5k       | 1k     |               | 600gr   | 5k     | 35k                 |
| Master Men O70 -O75 | 4k       | 1k     |               | 500gr   | 4k     | 35k                 |
| Master Men O80+     | 3k       | 1k     |               | 400gr   | 3k     | 35k                 |

### 8.5.2 Female Athletes

| Age                    | Shot Put | Discus | Turbo Javelin | Javelin | Hammer | Weight For distance |
|------------------------|----------|--------|---------------|---------|--------|---------------------|
| U17 Girls              | 3k       | 1k     |               | 500gr   | 3k     |                     |
| U18 Girls              | 3k       | 1k     |               | 500gr   | 3k     |                     |
| U19 Girls              | 4k       | 1k     |               | 600g    | 4k     |                     |
| Junior Women           | 4k       | 1k     |               | 600gr   | 4k     | 28lb                |
| U23 Women              | 4k       | 1k     |               | 600gr   | 4k     | 28lb                |
| Senior Women           | 4k       | 1k     |               | 600gr   | 4k     | 28lb                |
| Master Women O35 - O45 | 4k       | 1k     |               | 600gr   | 4k     | 28lb                |
| Master Women O50 - O55 | 3k       | 1k     |               | 500gr   | 3k     | 19lb                |
| Master Women O60 - O70 | 3k       | 1k     |               | 400gr   | 3k     | 19lb                |
| Master Women O75 +     | 2k       | 0.75k  |               | 400gr   | 2.5k   | 19lb                |

## 9 Track Event Guidelines

### 9.1 General Guidelines

- 9.1.1 Track check-in takes place at Call Room.
- 9.1.2 Athletes will be called 15 minutes prior to their race. All athletes must check-in during this time to ensure they can compete.
- 9.1.3 Announcement will be made by the PA system for all track events, please listen carefully as Athletics Leinster is not responsible for any athletes missing their event.
- 9.1.4 Athletes cannot step up an age group to compete in an event not held in their age group.
- 9.1.5 All events are finals unless otherwise indicated by Heats.
- 9.1.6 The guidelines for middle distance events are: a straight final will be held if there are 16 or less competitors in the 800m, 20 or less competitors in the 1500m.
- 9.1.7 If for any event there are insufficient athletes to hold heats, the final will be held at **heat-time**.
- 9.1.8 Athletes must leave the track area when their event is complete.
- 9.1.9 Coaches and parents/spectators are not allowed on the track at any times.
- 9.1.10 All parent/spectator or club official found on the track risks their athlete and club being disqualified.
- 9.1.11 Coach/Team Managers are responsible for all their athletes, no exceptions.

### 9.2 Starting Blocks

- 9.2.1 The Start Commands for all sprints are "On Your Marks", then "Set".

### 9.3 False Start

- 9.3.1 IAAF False start outdoor rules apply.
- 9.3.2 U16 upwards – first false start results in disqualification.

### 9.4 Relay Guidelines

- 9.4.1 Athletes must be a least eight (8) years old in the year of competition.
- 9.4.2 Athletes may step up one (1) age group only.
- 9.4.3 At least two (2) athletes competing on a relay team must be of that age group.
- 9.4.4 U17, U18, and U19 age groups, all athletes may step up one age group.
- 9.4.5 U16 athletes may not step up an age group to compete in the 4 x 400m relays.

- 9.4.6 Changes to relay entries will be accepted on the day of competition provided proof of registration can be given.
- 9.4.7 All relay team amendments must be clearly written out and presented on the relay amendment form. (Refer to section 24 for form)
- 9.4.8 **All amendments must be processed during number collection.**
- 9.4.9 If a sub is present on the day and declared, medal will be presented.

## 9.5 Hurdle Specifications

### 9.5.1 Sprint Hurdle Heights

| Age Group              | Distance | Height        | No. | Approach | Interval | Finish |
|------------------------|----------|---------------|-----|----------|----------|--------|
| U17 Girls              | 100m     | 76.2cm 2' 6"  | 10  | 13.00m   | 8.50m    | 10.50m |
| U18 Girls              | 100m     | 76.2cm 2' 6"  | 10  | 13.00m   | 8.50m    | 10.50m |
| U19 Girls              | 100m     | 84.0cm 2' 9"  | 10  | 13.00m   | 8.50m    | 10.50m |
| U17 Boys               | 100m     | 91.4cm 3' 0"  | 10  | 13.00m   | 8.50m    | 10.50m |
| U18 Boys               | 110m     | 91.4cm 3' 0"  | 10  | 13.72m   | 9.14m    | 14.02m |
| U19 Boys               | 110m     | 99.1cm 3' 3"  | 10  | 13.72m   | 9.14m    | 14.02m |
| Junior Women           | 100m     | 83.8cm 2' 9"  | 10  | 13.00m   | 8.50m    | 10.50m |
| Senior Women           | 100m     | 83.8cm 2' 9"  | 10  | 13.00m   | 8.50m    | 10.50m |
| Master Women O35       | 100m     | 83.8cm 2' 9"  | 10  | 13.00m   | 8.50m    | 10.50m |
| Master Women O40 - O45 | 80m      | 76.2cm 2' 6"  | 8   | 12.00m   | 8.00m    | 12.00m |
| Junior Men             | 110m     | 99.1cm 3' 3"  | 10  | 13.72m   | 9.14m    | 14.02m |
| Senior Men             | 110m     | 106.7cm 3' 6" | 10  | 13.72m   | 9.14m    | 14.02m |
| Master Men O35 - O45   | 110m     | 99.1cm 3' 3"  | 10  | 13.72m   | 9.14m    | 14.02m |

### 9.5.2 Distance Hurdle Heights

| Age Group    | Distance | Height       | No. | Approach | Interval | Finish |
|--------------|----------|--------------|-----|----------|----------|--------|
| U17 Girls    | 300m     | 76.2cm 2' 6" | 7   | 50.00m   | 35.00m   | 40.00m |
| U17 Boys     | 300m     | 76.2cm 2' 6" | 7   | 50.00m   | 35.00m   | 40.00m |
| U18 Girls    | 400m     | 76.2cm 2' 6" | 10  | 45.00m   | 35.00m   | 40.00m |
| U19 Girls    | 400m     | 76.2cm 2' 6" | 10  | 45.00m   | 35.00m   | 40.00m |
| U18 Boys     | 400m     | 84.0cm 2' 9" | 10  | 45.00m   | 35.00m   | 40.00m |
| U19 Boys     | 400m     | 91.4cm 3' 0" | 10  | 45.00m   | 35.00m   | 40.00m |
| Junior Women | 400m     | 76.2cm 2' 6" | 10  | 45.00m   | 35.00m   | 40.00m |
| Senior Women | 400m     | 76.2cm 2' 6" | 10  | 45.00m   | 35.00m   | 40.00m |
| Junior Men   | 400m     | 91.4cm 3' 0" | 10  | 45.00m   | 35.00m   | 40.00m |
| Senior Men   | 400m     | 91.4cm 3' 0" | 11  | 45.00m   | 35.00m   | 40.00m |

## **10 Entry to the National Championships**

### 10.1 Juvenile Events 2020

- 10.1.1 Entry to National for this year will be done through the Leinster Entry Portal. Leinster will not be paying for Juvenile Entries for the 2020 Outdoor Juvenile Season.
- 10.1.2 Entries will be done by the Club Secretary on the portal, which will then be forward onto National.

# 11 Appeals Procedure

## 11.1 Verbal

- 11.1.1 Any appeal in the first instance shall be given orally by the athlete or club official to the competition track or field referee as appropriate within 15 minutes of the closing of the event.

## 11.2 Written

- 11.2.1 If the athlete or club official does not agree with this decision, they have the right to appeal to a Jury of Appeal, accompanied by a fee of €20.00 (refundable in the case of a successful appeal).
- 11.2.2 This appeal must be presented using an official appeal form available upon request at 'Check-In', within 20 minutes of the outcome of the initial appeal.
- 11.2.3 The appeal will only be accepted when presented by a competent club official citing basis for appeal and any backup evidence.
- 11.2.4 The Jury of Appeal shall, in the first instance, be composed of the Athletics Leinster Chairperson, and 2 other Athletics Leinster Executive Officers, to be determined on the day of competition.
- 11.2.5 In the case of a conflict of interest an alternate shall replace the conflicted member(s) for the determination of that issue.
- 11.2.6 All appeals will be dealt with on the day. The ruling of the Jury of Appeal shall be final.

## 12 Athlete Age Category Event List

### 12.1 Guidelines

- 12.1.1 Athletes can perform in the following number of individual events not including relays in each competition.

| <b>Age Category</b>          | <b>Maximum # of Individual Events</b> |
|------------------------------|---------------------------------------|
| U17 – U19                    | 2 Events                              |
| Junior, U23, Senior & Master | 3 Events per day, 5 Total             |

- 12.1.2 *All events highlighted are not national qualification events.*
- 12.1.3 *All events highlighted count as one of your chosen events.*
- 12.1.4 Number of Events have been reduced due to Covid-19 Restrictions.

## 12.2 U17 Boys – U19 Boys & Junior Men.

| <b>U17 Boys</b> | <b>U18 Boys</b> | <b>U19 Boys</b> | <b>Junior Men</b> |
|-----------------|-----------------|-----------------|-------------------|
| 100m Hurdles    | 110m Hurdles    | 110m Hurdles    | 110m Hurdles      |
| 300m Hurdles    | 400m Hurdles    | 400m Hurdles    | 400m Hurdles      |
| 100m Sprint     | 100m Sprint     | 100m Sprint     | 80m Sprint        |
| 200m Sprint     | 200m Sprint     | 200m Sprint     | 200m Sprint       |
| 400m Sprint     | 400m Sprint     | 400m Sprint     | 400m Sprint       |
| 800m            | 800m            | 800m            | 800m              |
| 1500m           | 1500m           | 1500m           | 1500m             |
| 3000m           | 3000m           | 3000m           | 3000m             |
| 2000m S/chase   | 3000m S/chase   | 3000m S/chase   | 3000m S/chase     |
| 3000m Walk      | 5000m Walk      | 5000m Walk      | 5000m Walk        |
| Long Jump       | Long Jump       | Long Jump       | Long Jump         |
| Javelin         | Javelin         | Javelin         | Javelin           |
| High Jump       | High Jump       | High Jump       | High Jump         |
| Shot Put        | Shot Put        | Shot Put        | Shot Put          |
| Hammer          | Hammer          | Hammer          | Hammer            |
| Discus          | Discus          | Discus          | Discus            |
| Triple Jump     | Triple Jump     | Triple Jump     | Triple Jump       |
| Pole Vault      | Pole Vault      | Pole Vault      | Pole Vault        |

## 12.3 U17 Girls – U19 Girls, Junior Women

| <b>U17 Girls</b> | <b>U18 Girls</b> | <b>U19 Girls</b> | <b>Junior Women</b> |
|------------------|------------------|------------------|---------------------|
| 100m Hurdles     | 100m Hurdles     | 100m Hurdles     | 110m Hurdles        |
| 300m Hurdles     | 400m Hurdles     | 400m Hurdles     | 400m Hurdles        |
| 100m Sprint      | 100m Sprint      | 100m Sprint      | 100m Sprint         |
| 200m Sprint      | 200m Sprint      | 200m Sprint      | 200m Sprint         |
| 400m Sprint      | 400m Sprint      | 400m Sprint      | 400m Sprint         |
| 800m             | 800m             | 800m             | 800m                |
| 1500m            | 1500m            | 1500m            | 1500m               |
| 3000m            | 3000m            | 3000m            | 3000m               |
| 2000m S/chase    | 2000m S/chase    | 3000m S/chase    | 3000m S/chase       |
| 3000m Walk       | 3000m Walk       | 3000m Walk       | 3000m Walk          |
| Long Jump        | Long Jump        | Long Jump        | Long Jump           |
| Javelin          | Javelin          | Javelin          | Javelin             |
| High Jump        | High Jump        | High Jump        | High Jump           |
| Shot Put         | Shot Put         | Shot Put         | Shot Put            |
| Hammer           | Hammer           | Hammer           | Hammer              |
| Discus           | Discus           | Discus           | Discus              |
| Triple Jump      | Triple Jump      | Triple Jump      | Triple Jump         |
| Pole Vault       | Pole Vault       | Pole Vault       | Pole Vault          |

## 12.4 U23, Senior & Master Men

| <b>U23 Men</b> | <b>Senior Men</b> | <b>Master Men<br/>O35 -O45</b> | <b>Master Men<br/>O50 – O60</b> | <b>Master Men<br/>O65+</b> |
|----------------|-------------------|--------------------------------|---------------------------------|----------------------------|
| 100m Sprint    | 110m Hurdles      | 110m Hurdles                   |                                 |                            |
|                | 400m Hurdles      | 400m Hurdles                   |                                 |                            |
|                | 100m Sprint       | 100m Sprint                    | 100m Sprint                     | 100m Sprint                |
|                | 200m Sprint       | 200m Sprint                    | 200m Sprint                     | 200m Sprint                |
|                | 400m Sprint       | 400m Sprint                    | 400m Sprint                     | 400m Sprint                |
|                | 800m              | 800m                           | 800m                            | 800m                       |
|                | 1500m             | 1500m                          | 1500m                           | 1500m                      |
|                | 5000m             | 5000m                          | 5000m                           | 3000m                      |
|                | 3000m S/chase     | 3000m S/chase                  |                                 |                            |
|                | 5000m Walk        | 5000m Walk                     | 3000m Walk                      | 3000m Walk                 |
|                | Long Jump         | Long Jump                      | Long Jump                       | Long Jump                  |
|                | Javelin           | Javelin                        | Javelin                         | Javelin                    |
|                | High Jump         | High Jump                      | High Jump                       |                            |
|                | Shot Put          | Shot Put                       | Shot Put                        | Shot Put                   |
|                | Hammer            | Hammer                         | Hammer                          | Hammer                     |
|                | Discus            | Discus                         | Discus                          | Discus                     |
|                | Triple Jump       | Triple Jump                    | Triple Jump                     | Triple Jump                |
|                | Pole Vault        | Pole Vault                     |                                 |                            |
|                | Weight for Dist.  | Weight for Dist.               | Weight for Dist.                | Weight for Dist.           |

## 12.5 U23, Senior & Master Women

| <b>U23 Women</b> | <b>Senior Women</b> | <b>Master Women<br/>O35</b> | <b>Master Women<br/>O40 -O45</b> | <b>Master Women<br/>O50 – O60</b> | <b>Master women<br/>O65+</b> |
|------------------|---------------------|-----------------------------|----------------------------------|-----------------------------------|------------------------------|
| 100m Sprint      | 100m Hurdles        | 100m Hurdles                | 80m Hurdles                      |                                   |                              |
|                  | 400m Hurdles        | 400m Hurdles                | 400m Hurdles                     |                                   |                              |
|                  | 100m Sprint         | 100m Sprint                 | 100m Sprint                      | 100m Sprint                       | 100m Sprint                  |
|                  | 200m Sprint         | 200m Sprint                 | 200m Sprint                      | 200m Sprint                       | 200m Sprint                  |
|                  | 400m Sprint         | 400m Sprint                 | 400m Sprint                      | 400m Sprint                       | 400m Sprint                  |
|                  | 800m                | 800m                        | 800m                             | 800m                              | 800m                         |
|                  | 1500m               | 1500m                       | 1500m                            | 1500m                             | 1500m                        |
|                  | 5000m               | 5000m                       | 5000m                            | 5000m                             | 3000m                        |
|                  | 3000m S/chase       | 3000m S/chase               | 3000m S/chase                    |                                   |                              |
|                  | 3000m Walk          | 3000m Walk                  | 3000m Walk                       | 3000m Walk                        | 3000m Walk                   |
|                  | Long Jump           | Long Jump                   | Long Jump                        | Long Jump                         | Long Jump                    |
|                  | Javelin             | Javelin                     | Javelin                          | Javelin                           | Javelin                      |
|                  | High Jump           | High Jump                   | High Jump                        | High Jump                         |                              |
|                  | Shot Put            | Shot Put                    | Shot Put                         | Shot Put                          | Shot Put                     |
|                  | Hammer              | Hammer                      | Hammer                           | Hammer                            | Hammer                       |
|                  | Discus              | Discus                      | Discus                           | Discus                            | Discus                       |
|                  | Triple Jump         | Triple Jump                 | Triple Jump                      | Triple Jump                       | Triple Jump                  |
|                  | Pole Vault          | Pole Vault                  |                                  |                                   |                              |
|                  | Weight for Dist.    | Weight for Dist.            | Weight for Dist.                 | Weight for Dist.                  | Weight for Dist.             |



**Athletics Leinster**  
**2019 Track & Field Booklet**

**Athletics Leinster Track & Field Programme**

| <b>Event Date</b>                                | <b>Start Time</b> | <b>Event Type</b>                                   | <b>Venue</b>           | <b>Registration Opens</b>  | <b>Late Entry Begins</b>   | <b>Registration Closes</b>  |
|--|-------------------|---|------------------------|----------------------------|----------------------------|-----------------------------|
| Saturday 1st August                              | 10:00             | Leinster Juvenile Champs (U17-U19s)                 | Morton Stadium, Santry | 13 <sup>th</sup> July 2020 | 24 <sup>th</sup> July 2020 | 28 <sup>th</sup> July 2020  |
| Sat 8 <sup>th</sup> & Sun 9 <sup>th</sup> August | 10:30             | Leinster Junior, U23, Senior & Masters Championship | Morton Stadium, Santry | 13 <sup>th</sup> July 2020 | 31 <sup>st</sup> July 2020 | 4 <sup>th</sup> August 2020 |



**Athletics Leinster**  
**Juvenile Championships (U17-U19s)**  
**Saturday 1<sup>st</sup> August**  
**Morton Stadium, Santry**

## Morton Stadium, 10:00am Sunday 2nd June

16.1 Track Timetable – Times are indicative. Detailed timetable will be release week of the event.

| Time  | Age Category                            | Event              | Round | Specifications |
|-------|---|--------------------|-------|----------------|
| 9:00  | Check -in opens for Select events only. |                    |       |                |
| 10:00 | U17 Girls / Boys                        | 400m               | Final |                |
|       | U18 Girls / Boys                        | 400m               | Final |                |
|       | U19 Girls / Boys                        | 400m               | Final |                |
| 11:00 | U17 Girls / Boys                        | 100m               | Heats |                |
|       | U18 Girls / Boys                        | 100m               | Heats |                |
|       | U19 Girls / Boys                        | 100m               | Heats |                |
| 12:00 | U17 Girls / Boys                        | 1500m              | Final |                |
|       | U18 Girls / Boys                        | 1500m              | Final |                |
|       | U19 Girls / Boys                        | 1500m              | Final |                |
| 12:45 | U17 Girls / Boys                        | 100m               | Final |                |
|       | U18 Girls / Boys                        | 100m               | Final |                |
|       | U19 Girls / Boys                        | 100m               | Final |                |
| 13:00 | U17, U18, U19 Girls                     | 2000m SC           | Final | 2'6" 76.2cm    |
|       | U17, U18, U19 Girls                     | 3000m Walk         | Final |                |
|       | U17, U18, U19 Boys                      | 2000m SC           | Final |                |
|       | U17, U18, U19 Boys                      | 3000m / 5000m Walk | Final | 3'0" 91.4cm    |
| 14:00 | U17 Girls                               | 100m Hurdles       | Final | 2'6" 76.2cm    |
|       | U18 Girls                               | 100m Hurdles       | Final | 2'6" 76.2cm    |
|       | U19 Girls                               | 100m Hurdles       | Final | 2'9" 84.0cm    |
|       | U17 Boys                                | 100m Hurdles       | Final | 3'0" 91.4cm    |
|       | U18 Boys                                | 110m Hurdles       | Final | 3'0" 91.4cm    |
|       | U18 Boys                                | 110m Hurdles       | Final | 3'3" 99.0cm    |
| 14:30 | U17 Girls / Boys                        | 200m               | Heats |                |
|       | U18 Girls / Boys                        | 200m               | Heats |                |
|       | U19 Girls / Boys                        | 200m               | Heats |                |
| 15:00 | U17 Girls / Boys                        | 800m               | Final |                |
|       | U18 Girls / Boys                        | 800m               | Final |                |
|       | U19 Girls / Boys                        | 800m               | Final |                |
| 16:00 | U17 Girls / Boys                        | 200m               | Final |                |
|       | U18 Girls / Boys                        | 200m               | Final |                |
|       | U19 Girls / Boys                        | 200m               | Final |                |
| 16:20 | U17, U18, U19 Girls                     | 3000m              | Final |                |
|       | U17, U18, U19 Boys                      | 3000m              | Final |                |
| 17:00 | U17 Girls                               | 300m Hurdles       | Final | 2'6" 76.2cm    |
|       | U17 Boys                                | 300m Hurdles       | Final | 2'6" 76.2cm    |
|       | U18 Girls                               | 400m Hurdles       | Final | 2'6" 76.2cm    |
|       | U19 Girls                               | 400m Hurdles       | Final | 2'9" 84.0cm    |
|       | U18 Boys                                | 400m Hurdles       | Final | 2'9" 84.0cm    |
|       | U19 Boys                                | 400m Hurdles       | Final | 3'0" 91.4cm    |

16.2 Field Programme – Timetable will be release when numbers are known for different events.

| <b>JUMPS</b>  |                     |                     |                     |                     |
|---------------|---------------------|---------------------|---------------------|---------------------|
|               | <b>High Jump</b>    | <b>Long Jump</b>    | <b>Triple Jump</b>  | <b>Pole Vault</b>   |
| 10:00         |                     | U17, U18, U19 Girls |                     | U17, U18, U19 Girls |
|               |                     | U17, U18, U19 Boys  |                     | U17, U18, U19 Boys  |
| 14:00         | U17, U18, U19 Girls |                     | U17, U18, U19 Girls |                     |
|               | U17, U18, U19 Boys  |                     | U17, U18, U19 Boys  |                     |
| <b>Throws</b> |                     |                     |                     |                     |
|               | <b>Shot Put</b>     | <b>Discus</b>       | <b>Javelin</b>      | <b>Hammer</b>       |
| 10:00         | U17, U18, U19 Girls |                     |                     | U17, U18, U19 Girls |
|               | U17, U18, U19 Boys  |                     |                     | U17, U18, U19 Boys  |
| 14:00         |                     | U17, U18, U19 Girls | U17, U18, U19 Girls |                     |
|               |                     | U17, U18, U19 Boys  | U17, U18, U19 Boys  |                     |

### 16.3 Juvenile Event Entry Fees

- 16.3.1 Online registration only, (refer to section 4), **late entry fees apply**
- 16.3.2 Standard entry registration opens 13<sup>th</sup> July.
- 16.3.3 **Late entry begins from 24<sup>th</sup> July and closes the 28<sup>th</sup> of July.**
- 16.3.4 Guest athletes are welcome to compete at this event.
- 16.3.5 No entries will be accepted after late entry registration closes.
- 16.3.6 Payment by card only.
- 16.3.7 Athletes Limited to 2 Events Total.
- 16.3.8 **There will be no entrance fee at the gate for this event.**



**Athletics Leinster**  
**Junior, U23, Senior & Master**  
**Championships**  
**Day 1**  
**Saturday 8<sup>th</sup> August**  
**Morton Stadium, Santry**

**Morton Stadium**  
**Saturday 8<sup>th</sup> August 2020**  
**Start-time: 10:00am**

19.1 Track Timetable (Indicative)

| Time  | Age Category                     | Event              | Round | Specifications |
|-------|----------------------------------|--------------------|-------|----------------|
| 09:00 | Check in Opens for select events |                    |       |                |
| 10:00 | Junior, Senior & Master Women    | 3000m Steeplechase | Final | 2'6" 76.2cm    |
|       | Junior, Senior & Master Men      | 3000m Steeplechase | Final | 3'0" 91.4cm    |
| 11:00 | Junior & Senior Women            | 200m               | Heats |                |
|       | Master Women                     | 200m               | Final |                |
|       | Junior & Senior Men              | 200m               | Heats |                |
|       | Master Men                       | 200m               | Final |                |
| 12:30 | Junior, Senior & Master Women    | 800m               | Final | 2'6" 76.2cm    |
|       | Junior, Senior & Master Men      | 800m               | Final | 2'6" 76.2cm    |
| 14:00 | Junior & Senior Women            | 200m               | Final |                |
|       | Junior & Senior Men              | 200m               | Final |                |
| 14:30 | Junior & Senior Women            | 100m Hurdles       | Final | 2'9" 84.0cm    |
|       | Master Women O35                 | 100m Hurdles       | Final | 2'9" 84.0cm    |
|       | Masters Women O40-O45            | 80m Hurdles        | Final | 2'6" 76.2cm    |
|       | Junior Men                       | 110m Hurdles       | Final | 3'3" 99.0m     |
|       | Senior Men                       | 110m Hurdles       | Final | 3'6" 106.7cm   |
|       | Masters Men O35-O45              | 110m Hurdles       | Final | 3'3" 99.0cm    |
| 15:00 | Junior, Senior & Master Women    | 3000m              | Final |                |
|       | Junior + Master O50+ Men         | 3000m              | Final |                |
|       | Senior + Master O35-49 Men       | 5000m              | Final |                |
| 16:30 | Junior, Senior & Master Women    | 4x100m             | Final |                |
|       | Junior, Senior & Master Men      | 4x100m             | Final |                |

19.2 Field Timetable (Indicative, will be confirm when number are known)

| Time  | JUMPS      |           | Throws    |           |           |
|-------|------------|-----------|-----------|-----------|-----------|
|       | Pole Vault | Long Jump | Discus    | Shot      | Weight    |
| 10:00 | JSM Women  | JSM Men   | JSM Men   | JSM Women |           |
|       | JSM Men    |           |           |           |           |
| 12:00 |            | JSM Women | JSM Women | JSM Men   |           |
|       |            |           |           |           |           |
| 14:00 |            |           |           |           | JSM Women |
|       |            |           |           |           | JSM Men   |

19.3 Event Entry Fees

- 16.3.1 Online registration only, (refer to section 4), **late entry fees apply**
- 16.3.2 Standard entry registration opens 13<sup>th</sup> July.
- 16.3.3 **Late entry begins from 31<sup>st</sup> July and closes the 4<sup>th</sup> of August.**
- 16.3.4 Guest athletes are welcome to compete at this event.
- 16.3.5 No entries will be accepted after late entry registration closes.
- 16.3.6 Athletes Limited to 3 Events per Day or 5 Total.
- 16.3.7 **There will be no entrance fee at the gate for this event.**



**Athletics Leinster**  
**Junior, U23, Senior & Master**  
**Championships**

**Day 2**

**Saturday 9<sup>th</sup> August**

**Morton Stadium, Santry**

**Morton Stadium**  
**Sunday 9<sup>th</sup> August**  
**Start-time: 10:00am**

20.1 Track Timetable (Indicative)

| Time  | Age Category                                    | Event        | Round | Specifications |
|-------|---|--------------|-------|----------------|
| 09:00 | Check in Opens for select events                |              |       |                |
| 10:00 | Junior, Senior & Master Women                   | 400m Hurdles | Final | 2'6" 76.2cm    |
|       | Junior, Senior & Master Men                     | 400m Hurdles | Final | 3'0" 91.4cm    |
| 10:30 | Junior, Senior & Master Women + Master Men O65+ | 3000m Walk   | Final |                |
|       | Junior, Senior & Master O35-64 Men              | 5000m Walk   | Final |                |
| 11:30 | Junior & Senior Women                           | 100m         | Heats |                |
|       | Master Women                                    | 100m         | Final |                |
|       | Junior & Senior Men                             | 100m         | Heats |                |
|       | Master Men                                      | 100m         | Final |                |
| 13:00 | Junior, Senior & Master Women                   | 1500m        | Final |                |
|       | Junior, Senior & Master Men                     | 1500m        | Final |                |
| 14:30 | Junior & Senior Women                           | 100m         | Final |                |
|       | Junior & Senior Men                             | 100m         | Final |                |
| 15:00 | Junior, Senior & Master Women                   | 400m         | Final |                |
|       | Junior, Senior & Master Men                     | 400m         | Final |                |
| 16:30 | Junior, Senior & Master Women                   | 4x400m       | Final |                |
|       | Junior, Senior & Master Men                     | 4x400m       | Final |                |

19.2 Field Timetable (Indicative, will be confirm when number are known)

| Time  | JUMPS     |             | Throws    |           |
|-------|-----------|-------------|-----------|-----------|
|       | High Jump | Triple Jump | Javelin   | Hammer    |
| 10:00 | JSM Women |             |           | JSM Women |
| 12:00 | JSM Men   | JSM Women   | JSM Women | JSM Men   |
| 14:00 |           | JSM Men     | JSM Men   |           |

20.5 Event Entry Fees

- 20.5.1 Online registration only, (refer to section 4), **late entry fees apply**
- 20.5.2 Standard entry registration opens 13<sup>th</sup> July.
- 20.5.3 **Late entry begins from 31<sup>st</sup> July and closes the 4<sup>th</sup> of August.**
- 20.5.4 Guest athletes are welcome to compete at this event.
- 20.5.5 No entries will be accepted after late entry registration closes.
- 20.5.6 Payment by card only.
- 20.5.7 Athletes Limited to 3 Events per Day or 5 Total.
- 20.5.8 **There will be no entrance fee at the gate for this event.**

## 21 Hosting an Athletics Leinster Outdoor Event

### 21.1 Event Hosting Guidelines.

- 21.1.1 All Counties/Clubs/Venues are encouraged to apply to host any of the Athletics Leinster Outdoor Events.
- 21.1.2 Counties/Clubs/Venues seeking to host an event should contact the Leinster Outdoor T&F Secretary as early as possible with their expression of interest.
- 21.1.3 All expressions of interest must be made to the Leinster Outdoor T&F Secretary before the date of the Athletics Leinster Annual General Meeting for that year.
- 21.1.4 All Counties/Clubs/Venues will be informed as soon as possible of the decision on their expression of interest.
- 21.1.5 The Leinster Outdoor Secretary will arrange to meet and discuss the form of event and layout of venue with the hosting County/Club/Venue.
- 21.1.6 The hosting County/Club/Venue must submit a completed Event Management Form set out in Section 24. The Leinster Outdoor T&F Secretary will assist with the completion of this form.

### 21.2 Track Hosting Guidelines

- 21.2.1 Hosts will be required to cater for all events set out in the event timetable in the desired event they propose to run.
- 21.2.2 With the growing number of tartan running tracks, Athletics Leinster will seek to host their events at the most suitable venue available. In determining the most suitable venue, Athletics Leinster will have regard, amongst other criteria to:
  - 21.2.2.1 The proposed venue offers field event facilities that no other proposed venue offers.
  - 21.2.2.2 There are no other proposed venues.
- 21.2.3 Athletics Leinster requires that all host venues have secure perimeter fencing surrounding their track area, separating it from spectators.
- 21.2.4 Where host venues that do not have such a perimeter, suitable temporary perimeter fencing must be installed, and accounted for in any costings for the event.

## 22 Enquiries

Please read the specific details of the competition booklet carefully.

Please direct any errors, queries, or concerns to the Outdoor Track & Field  
Competition Secretary.

Carmel Kelly      Leinster Athletics Outdoor Track & Field

Email:              [athleticsleinsteroutdoorsec@gmail.com](mailto:athleticsleinsteroutdoorsec@gmail.com)

## **23 Leinster Executives for the year of 2020**

|  |                        |
|--|------------------------|
| <b>Chairperson</b>                       | <b>Pat Hooper</b>      |
| <b>Deputy Chairperson</b>                | <b>Catriona Duffy</b>  |
| <b>Secretary</b>                         | <b>Larry Dunne</b>     |
| <b>Treasurer</b>                         | <b>Frank Kilrane</b>   |
| <b>Assistant Treasurer</b>               | <b>Majella McGrath</b> |
| <b>Outdoor T&amp;F Secretary</b>         | <b>Carmel Kelly</b>    |
| <b>Road &amp; Cross-Country</b>          | <b>Greg Duggan</b>     |
| <b>Indoor T&amp;F Secretary</b>          | <b>David Deneiffe</b>  |
| <b>Entries, Results &amp; IT Officer</b> | <b>Andrew Lynam</b>    |
| <b>Development Officer</b>               | <b>Darren Butler</b>   |
| <b>National Committee Rep</b>            | <b>Brian Dowling</b>   |
| <b>Juvenile Committee Rep</b>            | <b>Jim Corcoran</b>    |
| <b>Competition Committee Rep</b>         | <b>Ronnie Quigley</b>  |
| <b>Child Welfare Officer</b>             | <b>Lisa Dixon</b>      |
| <b>Child Welfare Officer</b>             | <b>Joe Walsh</b>       |

## Appeal Form

|  |              |
|--|--------------|
| <b>Date:</b>   | <b>Time:</b> |
| <b>Athlete Name:</b>   |              |
| <b>Club:</b>   |              |
| <b>Event:</b>  |              |
| <b>Detail:</b>   |              |
| <b>Club Official:</b>  | <b>Role:</b> |
| Appeal Fee €20 (refundable in the case of a successful appeal) |              |

Please direct any queries to the Athletics Leinster Track & Field competition secretary at:

[athleticsleinsteroutdoorsec@gmail.com](mailto:athleticsleinsteroutdoorsec@gmail.com)

## Relay Amendment Form

|              |  |
|--------------|--|
| <b>Club:</b> |  |
|--------------|--|

| Sex / Age Category: |      |        |        |
|---------------------|------|--------|--------|
|                     | Name | D.O. B | Reg. # |
| 1                   |      |        |        |
| 2                   |      |        |        |
| 3                   |      |        |        |
| 4                   |      |        |        |
| S1                  |      |        |        |
| S2                  |      |        |        |
| Sex / Age Category: |      |        |        |
|                     | Name | D.O. B | Reg. # |
| 1                   |      |        |        |
| 2                   |      |        |        |
| 3                   |      |        |        |
| 4                   |      |        |        |
| S1                  |      |        |        |
| S2                  |      |        |        |
| Sex / Age Category: |      |        |        |
|                     | Name | D.O. B | Reg. # |
| 1                   |      |        |        |
| 2                   |      |        |        |
| 3                   |      |        |        |
| 4                   |      |        |        |
| S1                  |      |        |        |
| S2                  |      |        |        |
| Sex / Age Category: |      |        |        |
|                     | Name | D.O. B | Reg. # |
| 1                   |      |        |        |
| 2                   |      |        |        |
| 3                   |      |        |        |
| 4                   |      |        |        |
| S1                  |      |        |        |
| S2                  |      |        |        |

## Event Management Form

| <b>List of criteria that Counties, Clubs, or Venues must have in place to host an Athletics Leinster Championship event.</b> | <b>Responsible Person/s</b> | <b>Confirmed</b> |
|--|-----------------------------|------------------|
| First Aid  |                             |                  |
| Refreshments (Officials Only)  |                             |                  |
| Toilet / Portaloo  |                             |                  |
| PA system  |                             |                  |
| Power Supply, (Generator, Mains supply)  |                             |                  |
| Correct Equipment (Sandpit levels, high jump mats, shot puts, hurdles, Measuring equipment. Weighing Scales)                 |                             |                  |
| Car park Facility with attendants if needed  |                             |                  |
| Tent and preferably not a white one as this affect computer screen   |                             |                  |
| Crowd Control in place for health and safety   |                             |                  |
| A physical barrier from track a rope is not enough   |                             |                  |