

Dublin Juvenile Championships 2023
Uneven Age Relays
Friday 16th June @ 7pm
Lucan

7pm

17	Girls	4 X 400m	FINAL
17	Boys	4 X 400m	FINAL
19	Girls	4 X 400m	FINAL
19	Boys	4 X 400m	FINAL
13	Girls	4 X 100m	Heats
13	Boys	4 X 100m	Heats
15	Girls	4 X 100m	Heats
15	Boys	4 X 100m	Heats
17	Girls	4 X 100m	Heats
13	Girls	4 X 100m	FINAL
13	Boys	4 X 100m	FINAL
15	Girls	4 X 100m	FINAL
15	Boys	4 X 100m	FINAL
17	Boys	4 X 100m	FINAL
19	Girls	4 X 100m	FINAL
19	Boys	4 X 100m	FINAL
17	Girls	4 X 100m	FINAL

Above order of events might change if more than 8 teams in U15 or any other age group.

Finals will be run where there are 8 or less.

Where there are two heats, the first 4 will qualify from each, if three heats, the first two from each and two fastest overall will qualify for the final, and where there are 4 heats the winner and 4 fastest will qualify for the final. Where there are 2 heats of 4 or 5 the winner from each and the 4 fastest will qualify for the final.

Athletes may move up one age group only.

At least 2 members of the team must be in their correct age-group.

No restriction in U17/U18/U19 4X100m

Athletes born in **2008 (U16)** are not permitted to compete in the **4X400m** relays

Teams qualifying for Finals **MUST ONLY** comprise of the same panel of runners entered in Heats/Semis.

Spot checks may take place.

4X100m

The athlete receiving the baton **MUST** be inside the exchange zone.

The baton **MUST** be exchanged between the 2 yellow check marks, not before or after.

The athlete passing the baton **MUST** remain in his/her lane until all other runners have passed.

4x400m

The first runner **MUST** remain in lane until the baton is passed to the 2nd runner between the blue marks, the 2nd runner will break from lane after 100m, and the 3rd and 4th runners will be placed in the order of the team's position to receive the baton from the incoming runner between the designated marks.

Times are approximate and the order of events is subject to change. Athletes are advised to be present at least 45 minutes in advance of the competition. All clubs must provide officials.

