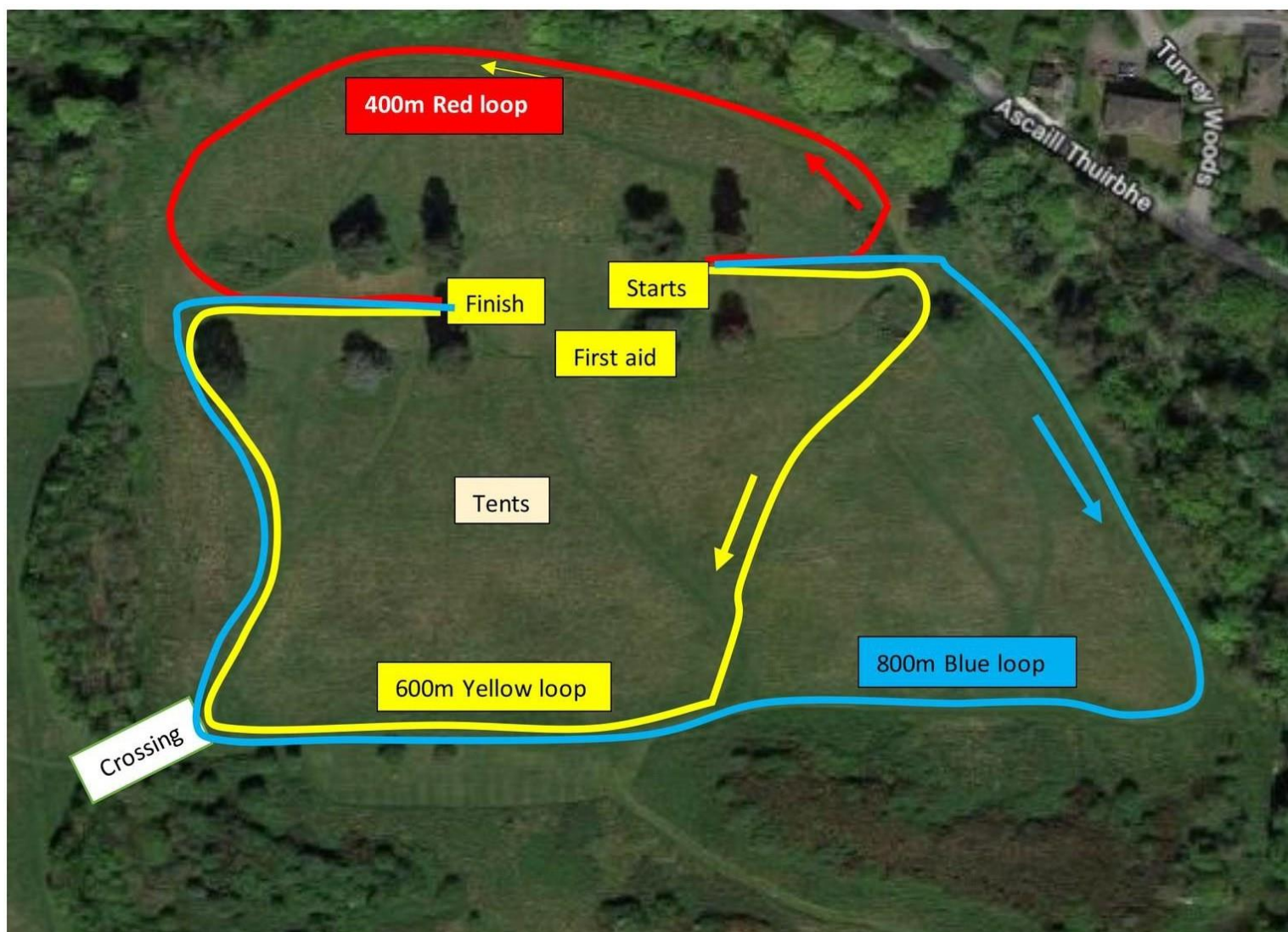


Course - U9, U10, U11 - 1 Red, Yellow, Blue loop respectively. U12 & 13- 2 Reds. U14 -1 Red & 1 Yellow. U15 - 1 Yellow & 1 Blue. 2k - 2 yellow & 1 blue. 3k will be 3 full loops of the field. 3.5k will be 3 full loops and 1 Red.



Event	Distance
U9 Girls	400m
U9 Boys	400m
U10 Girls	600m
U10 Boys	600m
U11 Girls	800m
U11 Boys	800m
U12 Girls	1000m
U12 Boys	1000m
U13 Girls	1000m
U13 Boys	1000m
U14 Girls	1200m
U14 Boys	1200m
U15 Girls	1500m
U15 Boys	1500m
U16/17/18/Junior (U19/20) G	2000m
U16 Boys	2000m
U17 Boys	3000m
U18 / Junior (U19/20) B	3500m